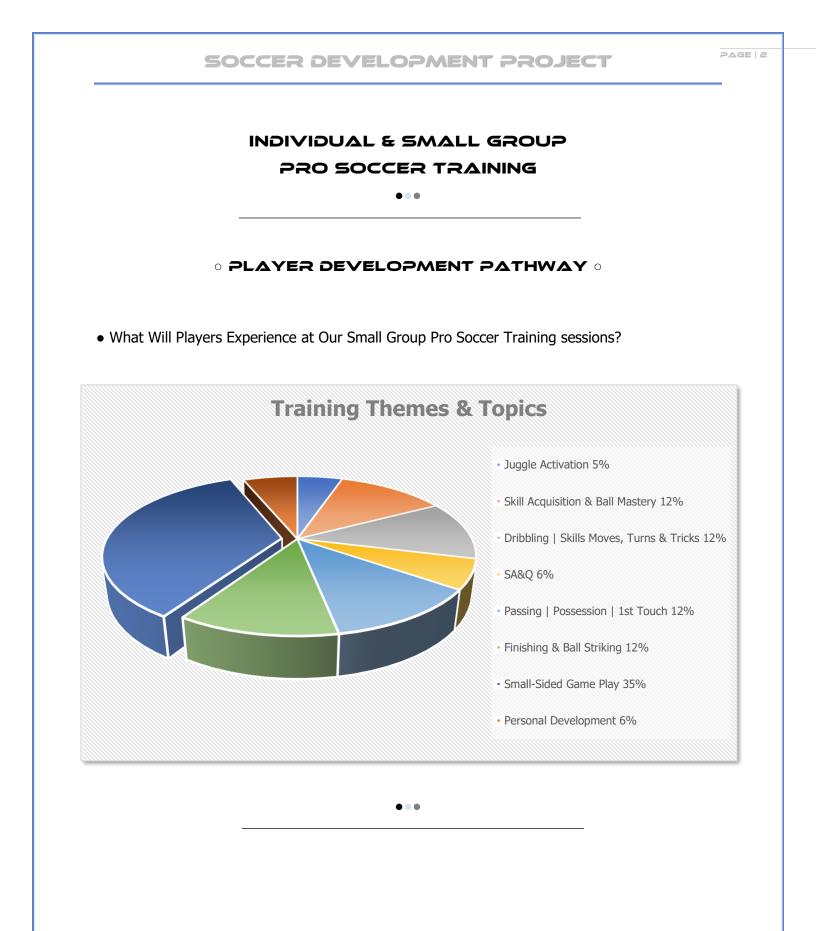


# CURRICULUM OVERVIEW

• TRAINING THEMES & TOPICS •







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# Ball Familiarity | Part II

OutsideSole

High Repetition & Low-Pressure Technical Training Multiple Game-Related Shoe Contacts on the Ball > *Homework Assignments* 



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#### **Talent Development**

Greater Range of 1 -v- 1 Moves to Penetrate on the Dribble &/or Escape Pressure

SA&Q Speed, Agility & Quickness	<ul> <li>Change of Direction</li> <li>Change of Speed</li> <li>Balance</li> <li>Coordination</li> <li>Acceleration</li> <li>Game-Specific Endurance</li> </ul>
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#### Soccer-Specific Athleticism

Superior Physicality for Enhanced Disguise & Capacity to be 'Unpredictable'



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#### **Soccer-Specific Vision**

Increased Field Scanning & Spatial Awareness Abilities to Progress the Ball Effectively

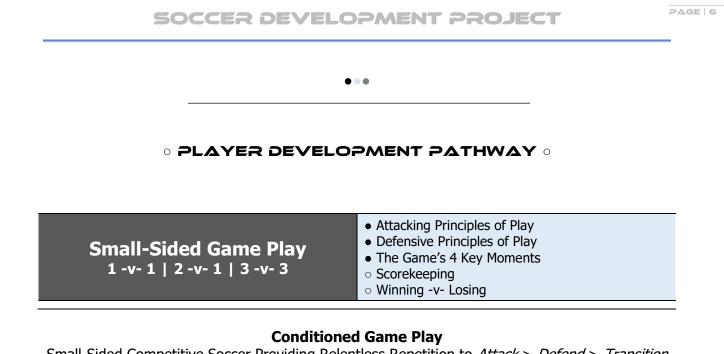
Finishing, Goal Scoring & Ball Striking	<ul> <li>Ball From Infront</li> <li>Ball From the Side</li> <li>Ball From Behind   Back to Goal</li> <li>Combination Play</li> <li>Score On the Dribble</li> <li>Ball in the Air   Volley 1/2 Volley</li> <li>Left Foot &amp; Right Foot</li> </ul>
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## **Scoring Goals**

Maximizing Talent & Opportunity to the Best Effect for the Team & the Individual Player



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Small-Sided Competitive Soccer Providing Relentless Repetition to *Attack > Defend > Transition* Tactical Application of the Learned Technical Development *When* & *Where* to Utilize Your Range of Skills | Decision Making

Personal Development	<ul> <li>Training Values</li> <li>Game Day Values</li> <li>Integrity &amp; Respect</li> <li>Commitment &amp; Determination</li> <li>Humility &amp; Dignity</li> <li>Team &amp; Teammate</li> <li>Leadership &amp; Confidence</li> </ul>
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#### **Player & Person**

Determining the Values & Personality Traits of Aspirational Youth Athletes

#### Wining Mentality

Cultivating Players Who Represent Themselves with Confidence & Honor

An Intense, Competitive & Thrilling Pro Soccer Training Environment



Soccer Development <sub>N</sub> Project

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# • PLAYER DEVELOPMENT PATHWAY •

## • EXPECTATIONS •

 $\circ$  Retain a Football First Attitude  $\circ$ 

Players Need to Possess a Committed Training Culture | Turn Up Prepared

Only 100% Attendance Can Return Maximum Success

Psychological | Social | Cerebral & Athletic Training Phases Are Recognized

• • •

#### • NON-NEGOTIABLE •

No Cheating No Bullying | No Trash Talk | No Swearing | No Fighting No Chewing Gum | No Spitting No Food or Bottles on the Field No Outdoor Cleats | Indoor Soccer Shoes ONLY No Drama

•••



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#### 'A' LICENSE | PRO COACH

# JONNY CARTER 423 276 1827

MLS Club **Chicago Fire** Juniors *Emerging Talent Program | Coach Education Mgr.* 

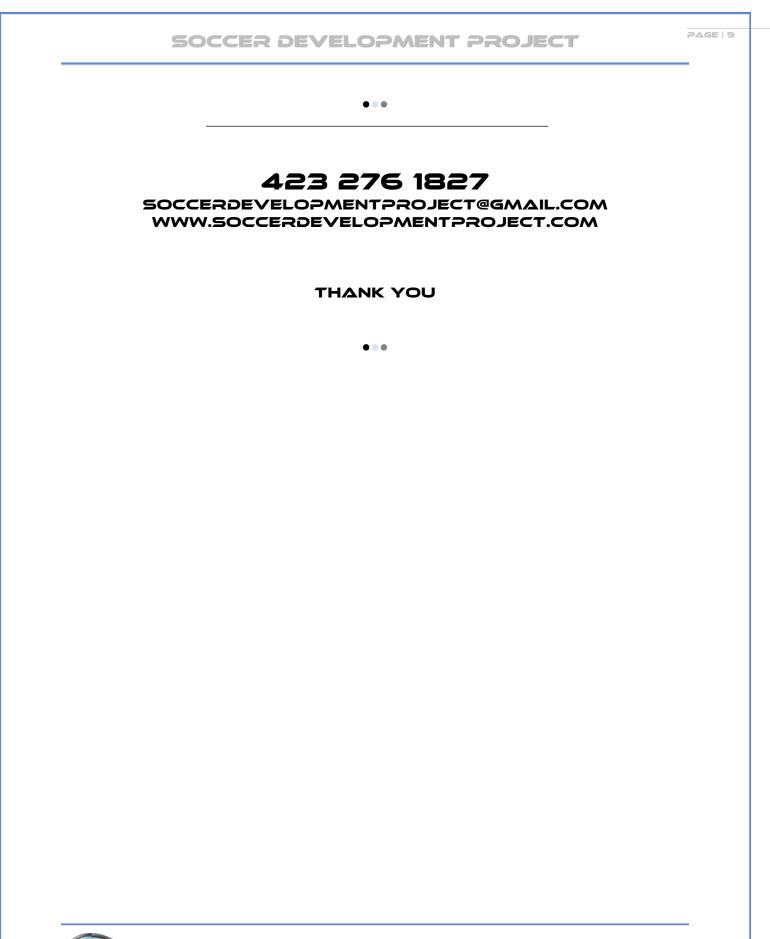
MLS Club **Houston Dynamo** Juniors TDP Director | 2002 u19 Boys Head Coach

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Background Checked Safe Sport Certified Concussion Trained First Aid Qualified CPR Licensed

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